

DEVOTIONS IN MOTION

STARTER KIT

GOAL: Making room in our lives to connect with God & His Word

SCRIPTURE CARDS...

Meditating on God's Word... as you move through your day!

Choose Scriptures that have stood out to you recently: from sermons, teachings, or your own reading. If you're having trouble choosing Scriptures, sometimes it's helpful to **look at what you're currently struggling with, and work your way backward.** For example, if you're having trouble with self-control, then I Timothy 4:7 might be a helpful choice; or if you're struggling with shame, consider Psalm 34:5.

FRONT OF CARD (unlined side): Write out Scripture, with reference

BACK OF CARD (lined side): Scripture reference, at top or bottom

EXAMPLES

FRONT: "...discipline yourself for the purpose of godliness."

BACK: I Timothy 4:7

FRONT: "Those who look to him are radiant; their faces are never covered with shame."

BACK: Psalm 34:5

Highlight, bold, or underline **words or phrases** that are particularly meaningful to you.

On lined side of card, **make a bullet-point list** of any insights God shows you about this verse.

AFFIRMATION CARDS...

Pondering "sweet somethings... from God's heart to yours

FRONT OF CARD: Personalize Scripture

BACK OF CARD: Write out Scripture (or just reference)

EXAMPLES

FRONT: "I am more than a conqueror through Christ..." **BACK:** Romans 8:37 (write out Scripture, if helpful)

FRONT: "God is finishing what He started in me..."

BACK: Philippians 1:6 (write out Scripture, if helpful)

OR

FRONT OF CARD: Write out **whatever God is teaching you right now**

BACK OF CARD: List **reference** of where that principle is found in Scripture **OR** list **names of Biblical characters** (or current believers) who may have learned a similar lesson from God.

EXAMPLES

FRONT: I am inching my way toward my goals... (learning the lesson of the ant)

BACK: Proverbs 6:5-8

FRONT: In Christ: Despair is temporary / Hope is permanent

BACK: EXAMPLES: Esther, Ruth, Job... (etc.)

Highlight, bold, or underline **words or phrases** that are particularly meaningful to you.

Whenever possible, **list Scriptural basis for affirmation** on back of card. At times this may require you to do a Google search and then look up the reference in biblegateway.com etc.

PRAYER CARDS...

A way to be more intentional about your prayer life

1. When others ask for prayer, **get in the habit of praying right then & there so you won't forget!**
2. Or if praying right then isn't possible, make up a card for one-time prayer needs labeled "**Misc. Prayer Requests**" and list them one by one as bullet points on the same card. When that card gets full, start another. Keep or toss the already prayed for cards as God leads.
3. For ongoing prayer needs:
 - If it's someone you pray for often, **use one card per person.**
 - **Write each person's name on front, write prayer needs on the back** of card (side with lines).
4. **Various ways to handle prayer requests: 1)** Use Prayer Cards daily, as led, **2)** Pray once a week for everyone on your list, **3)** Assign specific categories to different days (i.e., Monday-FAMILY, Tuesday-FRIENDS, Wednesday-CO-WORKERS, Thursday-NEIGHBORS, etc.)

EXAMPLES

FRONT: Husband or children's names

BACK: (side w/lines) Bullet points w/ specific things to pray for them

FRONT: Friend's name

BACK: (side w/lines) Bullet points w/ specific things to pray for them

Basic Rules of Thumb

1. An ounce of "**Mary maintenance**" is worth a pound of "**Martha muscle.**"

From time to time, you'll need to do tend your cards, like you would a garden. Weed out ones that aren't as pertinent to you in this season, update or rewrite cards as needed, and add cards that are fresh words from God's heart to yours. Your cards will mean a LOT more to you (and be a whole lot more effective as a devotional tool) if you do this periodically. **The more you tend your spiritual garden, the more it tends to grow.**

2. The goal is to make your cards **personal**, not **perfect**.

Sometimes we can get so caught up in making the cards "perfect" that we can miss the main point of doing them. While it's great to personalize your cards and make them pretty, it's important to remember they will ALWAYS be a work in progress. The cards are not ends in themselves, they're a practical means to a greater end: **Internalizing God's truth so you can connect with Him and become more like Him.**

3. If you never sit **still** with your cards, they won't **move** you as much!

Although they're great for on-the-go, your cards make the biggest impact on your life when review them regularly during less hurried moments. Then a quick on-the-go glance will feel a lot "fresher" than staring at a card you haven't looked at for weeks or months. **Think of your cards as close friends you wouldn't want to lose touch with.**

Got QUESTIONS?

If any of the above is unclear, drop me a note at tandemliving121@gmail.com. I'd be honored to talk you through the set-up process for your *Devotions in Motion* cards. ☺